

summer in the psalms



playlist: songs of ascent

DISCUSSION GUIDE

Message: Help // Scripture: Psalm 124 // Series: Summer in the Psalms

CHECK IN ON ONE ANOTHER

Share about your week and pray for one another's personal prayer needs.

First, let's recap Sunday's message and then read Psalm 124 together.

Q1: What is the central theme of Psalm 124?

Q2: In your lifetime, has it been easy or has it been hard to ask for help? Why or why not?

Q3: What are your favorite biblical stories of deliverance?

Q4: What does it say about God that He helps those in need? (Go deep here)

“28 Come to me, all who labor and are heavy laden, and I will give you rest. **29** Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. **30** For my yoke is easy, and my burden is light.”

Matthew 11:28-30 ESV

Q5: Have you ever had an experience where God intervened and helped you? How did God's intervention and help transform you?

Q6: In his sermon, Pastor Daniel asked everyone, “What does God's Word promise to help us with? What does it promise to deliver us from?” What were his answers?

Q7: What will God produce in us when we become a people who constantly seek His help?

Q8: What does it look like for a child of God, who has been helped by God, to be the embodiment of God's help for others?

Q9: In what practical ways can we, followers of Jesus Christ, offer help in a broken world?

Q10: What do the solutions, which we gave by answering the previous question, require of us?

CALL TO ACTION:

- 1) Pray for your non-Christian friends to come to faith in Jesus.
- 2) Pray for your unchurched/de-churched friends to join a local church.
- 3) This week, ask God for help and help others.